
The Role of Physical Education Teachers in Building Character in Primary School Pupils

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ABSTRAK

The purpose of this study is to describe the role of physical education in the character development of students. The task of character based education that combines character development with physical education that can maximise all aspects of the child's development (cognitive, physical, social-emotional, creative and spiritual) is currently needed. This educational paradigm focuses on the development of children as human beings. The method used in this research is a literature review, research sources can be obtained from various sources such as journals, books, documentation, internet, literature and other sources relevant to the research. The data collection technique used in the literature review is by collecting various references and references that are relevant to the topic of the problem under study, using the Google Scholar database by entering the keywords "the role of physical education teachers in building student character". This study found that physical education plays an important role in the formation and cultivation of character in students. The conclusion of this study is that physical education approaches can promote psychological and character development in students.

Keywords: Physical Education, Sport, Character



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1. INTRODUCTION

Education plays a very important role in human life and can influence human development in all aspects of life. Through education, the various potentials of individuals can be developed starting from the physical, intellectual, emotional and social aspects in accordance with their environment (the socio-cultural environment in which they are).

In the world of education, the use of technology in the online learning process can lead to a passive attitude of all individuals in education, both students and teachers. It is also feared that students often access the Internet and access non-educational content such as pornography and excessive online games, rather than making real use of information technology. Of course, in the light of these various phenomena, the quality of education also needs to be dynamically improved, evaluated and adapted to the needs of the times (Mustafa, 2020).

One of the government's efforts to overcome the negative impact of the introduction of technology in education is the development of Curriculum 2013, which is now being implemented at all levels of education in Indonesia. Curriculum 2013 focuses on the character education of students, with an emphasis on attitudes, followed by skills, and knowledge becoming dominant as the level of education increases up to university. Character education is now the main focus of education development in Indonesia. Character building and education of the nation's children is used as the key to success towards the Golden Indonesia Generation in 2025. By building a strong character, it is expected to build a strong mentality for the generation of Indonesians with a complete personality. This is in line with the phrase once uttered by the father of the Proclamation, Ir. Soekarno: "This nation must be built by giving priority to character building, because character building is what will make Indonesia a great, progressive, victorious and dignified nation.

Ideally, a person's character is shaped at an early age to form the expected character. Positive habits in early childhood help children to behave well and politely, both at school and in the family and society (Ninik

Hidayati et al., 2021). Physical education is part of a total education, the development of which focuses on aspects such as physical fitness, motor skills, cognitive, social, thinking, emotional, moral, healthy lifestyle and introduction to a clean environment. Physical education at school is an opportunity for students to have different learning experiences.

Character development in school can be done through character education, which can be interpreted as a way of inculcating values in students so that they are able to implement these values towards God Almighty, themselves and others (society). The values in question are values about how to behave or act well in dealing with the Creator and other individuals.

In the school environment, character education becomes broader because students are trained to learn independently, to interact and to socialise. Therefore, the role of educators is necessary in the character building process in schools. The school is an institution that is trusted by the community as a place of national character building, in which case the role of the teacher is not only the transfer of knowledge, but rather the responsibility of a teacher in shaping the character of students. The school environment as a place of learning or transfer of knowledge to students is expected to be able to shape the character of the nation so that the progress of the nation can be achieved in the educational process.

Educators, especially physical education teachers, are able to know more about the character of each of their different students. The character of the students can easily be seen through the learning process that takes place outside the classroom, because when learning takes place outside the classroom, the students feel freer to do whatever they want. So, without realising it, the character that exists in each student will be seen. So in this case, the role of the PE teacher is very influential in shaping and educating the character of the students. Both PE teachers and class teachers have an important role to play in forming and educating students' character. Therefore, teachers must be able to be role models or good examples for their pupils.

2. RESEARCH METHODOLOGY

The research method used is a qualitative method that produces descriptive data with literature studies. Without hypothesising or calculating, this research aims to provide a detailed description of the social phenomena that are at the centre of the problem of how the role of physical education and sport teachers in shaping the character of pupils in primary schools.

3. RESULTS AND DISCUSSION

3.1. The teacher's nature

According to Imam Syafi'ie in Muhson Ali (200: 94), the etymological definition of teacher is a person whose job (livelihood, profession) is teaching. Teachers in the sense of a profession have the task of teaching and educating in the context of education (teaching and learning), because although there are teachers who teach, they consider it a fun, annoying and tedious job, so it is necessary to study the true nature of teachers.

3.2. Nature of Physical Education

According to the National Agency for Educational Standards in (Rosmi, 2016), physical education is an integral part of overall education that aims to develop aspects of physical fitness, movement skills, critical thinking skills, social skills, reasoning, emotional stability, moral behaviour, aspects of healthy lifestyle and introduction to a clean environment through physical activities, sports and health that are systematically planned to achieve national educational goals. (Gunadi, 2019) explains that the activities and goals of physical education are much broader than the activities and goals of sports education. The activities of physical education are more limited to physical activities. On the other hand, activities in physical education are broader and can be in the form of sports or other physical activities such as recreation, adventure, social activities and various basic movements. Looking at the objectives of sports education and physical education, it can be seen that they both achieve educational goals.

Thus, based on some of the above opinions, it can be concluded that physical education is an educational activity carried out through physical activities that aim to shape students both in physical quality and personality.

3.3. Character Education in Primary Schools

According to Arifin Syamsul (2017:81), school is an educational institution that is programmed and systematically designed with all the rules that are very rigid, in a narrow sense, education does not last a lifetime but takes place in a limited time. The education period is a school period that as a whole includes a period of learning from kindergarten to university with a place that is determined and designed for education to take place (Ahmadi, 2014: 32).

3.4. Character Building Strategies through Physical Education

We all have a responsibility to make character education a success. The core principle of the strengthening character education movement is to involve the community as stakeholders in education (Pradipta, 2015). Through habituation in daily life, the movement to cultivate emotional values is carried out at the level of educational units, where it is intertwined with the process of teaching and learning activities (KBM) on each topic (Utama Bandi, 2011). In this scenario, physical education plays a function that is as important as the internalisation of other subjects in the context of character-based education (Zainuri, 2019). So far, the community has assumed that physical education is equivalent to sports skill-based learning, even though physical education learning is packed with psychomotor components that do not prevent the cultivation of sustainable affective components. With the health and physical fitness of students as the ultimate goal, the implementation of physical education is often limited. Physical education, on the other hand, is a tool to promote an active lifestyle and to inculcate the principles of morality, ethics and sportsmanship (Endriani et al., 2017).

3.5. The Role of Physical Education Teachers in Developing the Character of Primary School Pupils

Several studies have shown that schools are the best place to teach character education, especially at the primary level where students first receive formal physical education. The primary school age is an effective age for teaching values. Children of this age are experiencing the outside world for the first time. They are also often referred to as imitators because of their enthusiasm for imitating everything around them. Physical education, which is one of the subjects taught at primary level, therefore plays an important role in character development. One of the ways in which a physical education teacher can promote character education is by incorporating the values of character education into lesson plans. Character cannot be formed quickly and instantly, it requires a structured and continuous process, teachers who plan, implement and evaluate each learning process and are sustainable, if this is done it will form students with character.

4. CONCLUSION

Physical education is a form of education that relies on mobility to achieve its goals. Character development is a lifelong process that is influenced by one's circumstances. Positive character is developed when physical education is part of a person's life and physical education experiences have an impact on character development. Honesty, fairness, responsibility, peacefulness, self-confidence, respect and concern for others are just some of the many types of physical attributes that make up the many types of very important character attributes developed through physical education. An integrated approach can be used to implement the character development goals of students through physical education, sport and health. A model of character education that is integrated into all the information offered during the learning process in a subject is known as an inclusive strategy. The principles found in sport can be used to shape psychology and behaviour by making it part of everyday life for character development.

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